

Lesson 4

Year 7 - 13

The Testing Process 'doping control'

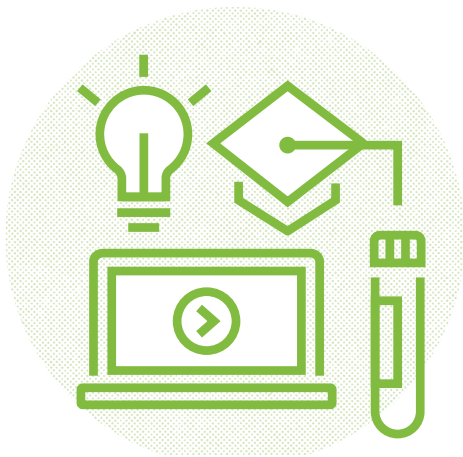
Using virtual reality



Lesson duration
30 minutes



Equipment Electronic device,
VR headset (if available), pen



In this lesson you will experience the doping control process (drug testing) using a virtual reality (VR) learning experience.

Let's get started

> Video

Watch our video of **Dame Valerie Adams** talking about clean sport and the importance of testing to ensure everyone competes on an even playing field.



WATCH VIDEO

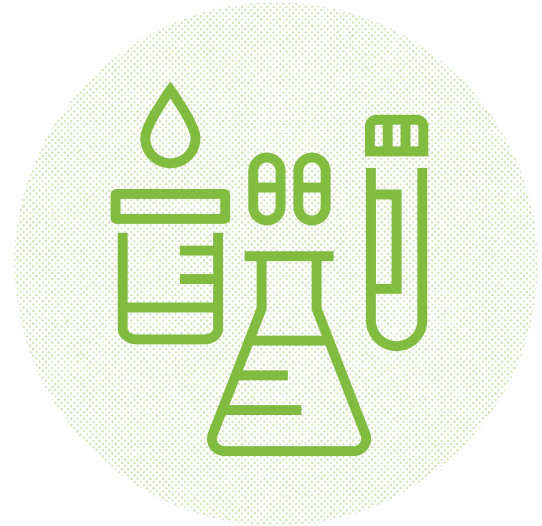
> Activity

Virtual Reality Doping Control Process

Access the **Virtual Reality Doping Control Process** on your computer or mobile device and follow the easy steps to get started.

Once you've completed the doping control process, complete the following worksheet.

START



Lesson 4

Year 7 - 13

The Testing Process 'doping control'

Worksheet

Please answer these questions once you have completed the doping control experience.

1. You must remain in sight of who throughout the doping control process?
2. In the real world, what will you be asked to show?
3. What if you don't need to go to the toilet?
4. First things first - you need to:
5. Should an athlete under 16 take a representative with them if they are being tested?
6. How many testing kits were on the table for the athlete to choose from?
7. Where do you write any concerns if something doesn't feel right or you are not happy with the sample collection process.....
8. Write some words that describe how athletes may feel when selected for testing and why?