

Lesson 5

Year 7 - 13

Clean Sport 101 E-learning



Lesson duration
30 minutes



Equipment
Electronic device



Learning objectives
To gain an understanding of clean, fair sport, and why it is important.



Key Lesson Guidelines

This independent learning activity allows students to progress at their own pace through multiple methods of video, question and answer as well as case studies.

This high-level overview of clean sport equips students with age-appropriate awareness of the importance of clean sport and how they can contribute at any level of their sporting context.

Clean Sport 101 is an e-learning course designed for youth and age group athletes who are not yet being tested. This course will introduce students to clean sport, the sports anti-doping rules and their athlete rights and responsibilities.

Lesson Plan | Year 7 - 13

› Activity

Students are directed to the DFSNZ e-learning platform where they create an account and complete **'Clean Sport 101' (CS101)** short course.

This course is available in both English and te reo Māori.

The course takes approx. 20-30 minutes and equips students with a high level understanding of clean, fair sport, why it's important and athletes rights and responsibilities.

START

